

## Warm Breakfast Nutritional Information (Portland)

We cannot guarantee that any of our products are free from allergens (including dairy, eggs, soy, tree nuts, wheat and others) as we use shared equipment to store, prepare and serve them. The following nutritional information is provided by our breakfast sandwich supplier and is intended only as an estimate. Peet's bears no responsibility for the accuracy of this information. Data is rounded to meet FDA regulations. 2,000 calories a day is used for general nutrition advice, but calorie needs vary.

	<i>Serving Size (g)</i>	<i>Calories</i>	<i>Calories from Fat (g)</i>	<i>Total Fat (g)</i>	<i>Saturated Fat (g)</i>	<i>Trans Fat (g)</i>	<i>Cholesterol (mg)</i>	<i>Sodium (mg)</i>	<i>Total Carbohydrates (g)</i>	<i>Fiber (g)</i>	<i>Sugars (g)</i>	<i>Protein (g)</i>
<b>Warm Breakfast</b>												
Honey Ham, Egg & Cheddar	162	300	120	13	6	0	205	730	27	< 1	2	20
Arugula, Egg & Cheddar	142	300	120	13	5	0	225	410	33	0	0	16
Smoked Bacon, Egg & Cheddar	153	350	160	18	7	0	215	730	26	< 1	< 1	25
Sausage, Egg & Pepper Jack	193	600	260	29	13	0	265	800	54	2	11	27

WARM BREAKFAST	Ingredients
Honey Ham, Egg & Cheddar	English Muffin (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% Or Less Of Each Of: Wheat Gluten, Sugar, Salt, Preservatives (Calcium Propionate, Potassium Sorbate), Vegetable Oil (Canola Oil Or Soybean Oil), Vinegar, Malted Barley Flour, Fumaric Acid, Monoglycerides, Dough Conditioners (Diacetyl Tartaric Acid Esters Of Mono And Diglycerides, Ascorbic Acid, Enzymes), Yellow Cornmeal, Yellow Corn Flour), Cage-Free Eggs (Cage-Free Whole Eggs, Citric Acid, Xanthan Gum, Guar Gum, Nisin (A Preservative)), Honey Ham (Ham, Water, Honey*, Salt, Potassium Lactate, Brown Sugar, Corn Syrup Solids, Sodium Phosphate, Sodium Diacetate, Sodium Erythorbate, Sodium Nitrite), Sharp White Cheddar (Cultured Pasteurized Milk, Salt, Enzymes). *Organic. Contains: Egg, Milk, Soy, Wheat.
Arugula, Egg & Cheddar	Ciabatta Bread (Unbleached White Flour, Filtered Water, Yeast, Sea Salt, Whole Milk, Extra Virgin Olive Oil), Cage-Free Eggs (Cage-Free Whole Eggs, Citric Acid, Xanthan Gum, Guar Gum, Nisin (A Preservative), Water), Sharp White Cheddar (Cultured Pasteurized Milk, Salt, Enzymes), Arugula*. *Organic. Contains: Wheat, Eggs, Milk.
Smoked Bacon, Egg & Cheddar	English Muffin (Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Yeast, Contains 2% Or Less Of Each Of: Wheat Gluten, Sugar, Salt, Preservatives (Calcium Propionate, Potassium Sorbate), Vegetable Oil (Canola Oil Or Soybean Oil), Vinegar, Malted Barley Flour, Fumaric Acid, Monoglycerides, Dough Conditioners (Diacetyl Tartaric Acid Esters Of Mono And Diglycerides, Ascorbic Acid, Enzymes), Yellow Cornmeal, Yellow Corn Flour), Cage-Free Eggs (Cagefree Whole Eggs, Citric Acid, Xanthan Gum, Guar Gum, Nisin (A Preservative)), Sharp White Cheddar (Cultured Pasteurized Milk, Salt, Enzymes), Applewood Smoked Bacon (Natural Pork, Water, Sea Salt, Honey*, Celery Powder). *Organic. Contains: Wheat, Soy, Eggs, Milk.
Sausage, Egg & Pepper Jack	Brioche Roll (Unbleached Enriched Wheat Flour (Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Butter, Sugar, Milk, Eggs, Salt, Yeast, Wheat Gluten, Enzymes), Breakfast Sausage (Pork Shoulder, Salt, Dextrose, Crushed Pepper, Spices, Spice Oils) Cage-Free Eggs (Cage-Free Whole Eggs, Citric Acid, Xanthan Gum, Guar Gum, Nisin (A Preservative)), Pepper Jack Cheese (Pasteurized Milk, Jalapeno Peppers, Cheese Cultures, Salt, Enzymes), Molly's Chipotle Aioli (Filtered Water, Expeller Pressed High-Oleic Safflower Oil, Brown Rice Syrup, Apple Cider Vinegar, Tapioca Starch, Olive Oil, Organic Soy Milk Powder (Soybeans*)), Sea Salt, Natural Flavor (Plant Source), Cold-Pressed Flaxseed Oil, Lemon Juice Concentrate, Mustard Flour, Gum Arabic, Guar Gum, Xanthan, Chipotle Peppers, Water, Tomato Puree, Corn Oil, Corn Starch, Salt, Vinegar, Caramel Color, Onion Powder, Garlic Powder, Spices). *Organic. Contains: Egg, Milk, Soy, Wheat.